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3-year Clinical Outcomes of Patients Treated with BMS and DES Implantation in Coronary Bifurcations

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(Background>The aim of the study was to evaluate 3 year clinical outcomes of bare metal stent (BMS) and Drug eluting stent (DES) implantation in coronary bifurcations. (Method>The study used a retrospective cohort analysis of consecutive denovo bifurcations, excluding left main, treated with BMS or DES between January 2005 and December 2005. (Results>We identified 111 bifurcations treated with BMS and 55 bifurcations treated with DES. 75 lesions (45.2%) were true bifurcations. Modified T stenting was performed in 18 bifurcation lesions. Kissing balloon technique was performed in 94 lesions (56.6%). During a follow up period, 27patients in the BMS group and 2 in the DES group had a major adverse cardiac event (p=0.001). The 6 month angiographic restenosis rate per bifurcation was 16.0 % and 2.5%, respectively (p=0.034). There were no difference overall in the occurrence of target lesion revascularization (TLR) per bifurcation, 9 with BMS (8.1%) and 2 with SES (3.6%), p=0.51. (Conclusions>&# Long term clinical outcome of bifurcation lesions with DES implantation was favorable.