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Improvement of Reperfusion time for STEMI using automated SMS-messaging program following computer interpretation of electrocardiogram within EMR system [CODE HEART]

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Background

For improving outcomes of early treatment for acute STEMI, recent recommended target times include \leq 90 minutes for primary PCI (door-to-balloon time) and \leq 30 minutes for thrombolysis (door-to-needle time).

Purpose

We constructed automated CODE HEART activation system using electronic medical record (EMR) to improve reperfusion time for acute STEMI patient (Fig 1), and investigated the usefulness of this system.

Methods and Results

A total 126 STEMI patients were visited to emergency room of our hospital from August 2010 through July 2012. Those patients were divided into two groups: CODE HEART activated group (n=45) and CODE HEART not-activated group (n=81). There is no significant difference in baseline clinical characteristics. Door-to-balloon time is significantly shortened (62.3 ± 25.6 vs. 85.7 ± 74.2 minutes, p=0.017) and achievement rate of target reperfusion times is significantly improved (95.6% vs. 77.8%, p=0.010) in CODE HEART activated group (Fig 2). Conclusion

CODE HEART alerting system is very useful to improve reperfusion time for acute STEMI patients.



Fig 2.			
	CODE HEART		
acute STEMI	activated	not activated	p value
	(N=45)	(N=81)	
AGE	64.6 ± 13.8	61.0 ± 11.6	0.126
Male (%)	34 (76)	56 (69)	0.445
Infarction Related Artery (%)			
LM	1 (2.2)	4 (4.9)	0.296
LAD	26 (57.8)	33 (40.7)	
LCX	5 (11.1)	10 (12.3)	
RCA	13 (28.9)	34 (42.0)	
Risk factors & Comorbidities			
Hypertension	24 (53.3)	43 (53.1)	0.979
Diabetes mellitus	12 (26.7)	25 (30.9)	0.620
Dyslipidemia	15 (33.3)	28 (34.6)	0.889
Smoking	25 (55.6)	46 (56.8)	0.893
Family History	2 (4.4)	6 (7.4)	0.711
old CVA	3 (6.7)	7 (8.6)	1.000
old MI	4 (8.9)	5 (6.2)	0.720
Coronary artery disease	5 (11.1)	8 (9.9)	1.000
Previous PCI	4 (8.9)	6 (7.4)	0.744
Heart Failure	0 (0)	4 (4.9)	0.296
Reperfusion method			
PCI	38 (84.4)	73 (90.1)	0.346
Thrombolysis	7 (15.6)	8 (9.9)	
Treatment result			
Door-to-balloon time (min)	$62.3~\pm~25.6$	85.7 ± 74.2	0.017
Door-to-needle time (min)	$21.6~\pm~5.5$	$65.5~\pm~54.2$	0.056
At goal			
PCI < 90 min	36 (94.7)	59 (80.8)	0.052
Thrombolysis < 30 min	7 (100)	4 (50)	0.077
Both	43 (95.6)	63 (77.8)	0.010
LVEF after reperfusion treatment	49.8 ± 11.1	$50.6~\pm~15.5$	0.733



	CODE			
STEMI	activated	not activated	p value	
	(N=45)	(N=81)	- 735	
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