Resolute Zotarolimus-Eluting Stent After Percutaneous Coronary Intervention In a Real World Asian Population: Two Year Outcomes in RESOLUTE China Registry

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Purpose: The ResoluteTM zotarolimus-eluting stent (R-ZES) has been associated with excellent safety and efficacy in an international real world population for percutaneous coronary intervention (PCI). Limited real world clinical results are available in an Asian population.

Methods: RESOLUTE China Registry was a prospective, multi-center, observational registry conducted in China with minimal exclusion criteria among patients with symptomatic coronary artery disease. All patients were included in intention-to-treat analysis. Clinical outcomes included target lesion failure (TLF), a composite of death from cardiac causes (CD), target vessel myocardial infarction (TV-MI), and clinically-driven target lesion revascularization (TLR).

Results: Between 23 December 2010 and 6 March 2012 1800 patients were enrolled at 30 sites. Mean age was 61.3 ± 10.9 years, 75.6% were men, 29.3% had a history of diabetes, 12.6% had prior PCI, 10.4% presented with acute myocardial infarction, and 28.1% of patients underwent multi-vessel treatment. Average stent length was 42.2 ± 28.3 mm. A total of 2320 lesions were treated with R-ZES. In total, 61.2% of patients were complex. Dual antiplatelet therapy was prescribed in 94.4% of patients at 1 year. At 1 year, the rate of TLF was 3.5%, clinically-driven TLR was 0.9%, CD/TV-MI was 3.0%, and ARC definite/probably stent thrombosis was 0.5%.

Conclusion: The RESOLUTE China Registry is the largest study of Asian patients treated with R-ZES. Event rates were low at 1 year, confirming the safety and efficacy of this new-generation DES in a large, real-world Chinese population. Two year outcomes will be available for presentation at CCT.

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