Determinants of impaired microcirculatory resistance in patients with ST-Segment Elevation Myocardial Infarction

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Purpose: We aimed to seek the clinical and angiographic predictors of microvascular dysfunction by using the index of microcirculatory resistance (IMR) in patients with ST-segment elevation myocardial infarction (STEMI).

Methods: We enrolled 113 patients with STEMI (age, 56 ± 11 years; 95 men) who underwent primary percutaneous coronary intervention (PCI). The IMR was measured with a pressure sensor/thermistor-tipped guidewire after primary PCI. The patients were divided into 3 groups based on the IMR value: Low IMR (< 18 U, $[12.9 \pm 2.6 \text{ U}]$, n = 38), Mid IMR (18-31 U, $[23.9 \pm 4.0 \text{ U}]$, n = 38), and High IMR (> 31 U, $[48.1 \pm 17.1 \text{ U}]$, n = 37).

Result: The age of the Low IMR group was significantly lower than that of the Mid and High IMR groups. The door-to-balloon time was <90 minutes in all patients, and it was not significantly different between groups. However, the symptom-onset-to-balloon time was significantly longer in the High IMR group compared to the Mid and Low IMR groups (p < 0.001). In the high IMR group, the culprit lesion was found in a proximal location significantly more often than in a non-proximal location (p = 0.008). In multivariate regression analysis, age and symptom-onset-to-balloon time were independent determinants of a high IMR (p = 0.013 and p = 0.003, respectively).

Conclusion: Our data suggest that in STEMI patients with a door-to-balloon time of < 90 minutes, age and symptom-onset-to-balloon time might be the major predictors of microvascular dysfunction.