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Monocenter registry of 1063 patients with chronic coronary total occlusion. Can long term follow-up be influenced by the treatment?

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Chronic coronary occlusions (CTO) are a frequent finding among patients with known coronary disease but less than 10% are sent to PCI. Aim to analyze how the type of treatment given to them can influence on prognosisMATERIALS METHODS: monocenter registry consecutive patients sent for coronary angiography with a CTO. We recorded clinical and angiography characteristics and risk scores. A long term follow-up was done.RESULTS: June 2010-April 2014, 1063 patients were included. Aged 67(±11), 16% women, 73% hypertension, 42% diabetes, 62% dyslipidemia, 51% smokers. 32% previous AMI, 11% previous CABG, 16% AMI. 81% multivessel disease. LVEF 46±14.9%. ACEF 1.73±0,8; Syntax 24.4±11.9Treatment decision: medical therapy 542 (group 1), CTO PCI 282 (group 2), CABG 239 (group 3). Follow-up (3.04±1.4 years): cardiovascular death (22,4% group 1 vs 7.8% group 2 and 7.1% group 3 (p<0.001). Factors predicting cardiovascular death: age (1,05 (1,03-1,07; p<0,001); ACEF (1,96(1,67-2,3); p<0,001) and Syntax (1,035(1,022-1,047)p<0,001). Factors associated to lower cardiovascular death: PCI (0,59(0,36-0,95)p=0,032) and CABG (0,4(0,23-0,68)p=0,001. CONCLUSIONS: revascularization (CABG or PCI) is associated with a lower risk of cardiovascular death. Higher age, ACEF and Syntax score are associated to highest rates of cardiovascular death. We have to make an effort to revascularize this patients.