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Prognostic Significance of An Early Invasive Therapy in Patient with Stable Angina and Chronic Renal failure.

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Purpose: The purpose of the present study is to evaluate the prognostic significance of early invasive therapy versus intensive medical therapy in groups of patients with stable angina (SA) and CRF Methods: A total of 86 patients with SA who had CRF were selected, included de novo stenosis with 75% or more diameter stenosis. Patients were randomly allocated to an early invasive therapy (percutaneous coronary intervention (PCI) in the first 48 hours after admission) or a selective invasive therapy (medical stabilization and proceeding to PCI only in case of recurrent angina—or heart failure symptoms). Results: During the follow-up patients allocated to an early invasive PCI showed a significant reduction in the incidence of recurrent angina/ischemia or congestive heart failure—and the cumulative incidence of MACE compared to those in whom selective invasive PCI was chosen. Kaplan-Mayer survival curves showed that the time to occurrence of untoward cardiac events was significantly longer early invasive PCI than selective invasive PCI. Conclusion: Choice of an early invasive PCI in patients with SA with RF is associated with a reduced incidence of MACE compared to a selective invasive strategy. This study suggested that more aggressive therapeutics used to optimize outcomes in these high-risk patients.