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CTO and Diabetes: a high risk population poorly revascularized

There is little information about treatment impact on prognosis CTO diabetic patients. AIM analyse impact of CTO modality treatment. METHODS: 2010 - 2014 monocenter registry all comers CTO diabetic patients. Clinical, angiographic, risk scores were registered. 4 years follow up. Multivariate analysis of treatment impact prognosis (group 1 medical therapy, group 2 CTO PCI and group 3 CABG) RESULTS : 538 patients. 281 group 1, 121 group 2, 136 group 3. Group 1 were older (70.6 ± 10.5 vs 66.4 ± 10 group 2, 66.1 ± 8.9 group 3, $p < 0.001$), higher creatinine (1.45 ± 1.1 , vs 1.31 ± 0.8 in 2 and 1.17 ± 0.83 in 3, $p < 0.001$), lower LVEF ($41.9 \pm 13.9\%$ vs $46.7 \pm 13.3\%$ in 2, $48 \pm 13\%$ in 3, $p < 0.001$), CABG (13.5% vs 9 group 2, 3.7 group 3, $p = 0.007$), AMI (22.4% vs 15.7 group 2, 5.9 group 3, $p < 0.001$) higher Syntax 2 (50.2 ± 13.7 , vs 44.3 ± 12.6 group 2 and 44.5 ± 10.7 group 3, $p < 0.001$). Group 3 more 3 vessels disease (59.6% vs 44.8 group 1 and 44.6 group 2, $p = 0.012$), left main disease (32.4% vs 11.7 group 1 and 4.1 group 2, $p < 0.001$), higher Syntax score (30.6 ± 12.2 , vs 24.3 ± 12.3 group 1 and 22.7 ± 10.5 group 2, $p < 0.001$). Follow up 4.03 \pm 2 years: cardiac mortality 30% group 1, 14.9 group 2 and 16.4 group 3 ($p < 0.001$). Mortality independent predictor factors : CABG 0.35 (IC 95%) 0.17-0.7, $p = 0.003$, dislipidemia 1.9 (1.1-3.3) $p = 0.023$; ACEF 1.64 (1.17-2.3) $p = 0.004$; left main disease 1.6 (0.9-2.8) $p = 0.08$; Syntax 2 1.057 (1.03-10.8) $p < .001$. CONCLUSION CTO diabetic patients have bad prognostic managed by medical therapy (mortality 30% 4 years). The best revascularisation is CABG. Risk factor control is determinant to improve prognosis